

John Robert Powers

School System

OBJECTIVE: Learn the basic techniques to handle a runway show or audition. Developing skills needed to improve appearance through poise, posture and walking. Female students must wear a skirt or dress and appropriate shoes for this class.

- WEEK 1: ORIENTATION – goal setting, professional models appearance, measurements.
- WEEK 2: POSTURE – poise and confidence, foot position, pivot, half turns, hesitations and double pivots.
- WEEK 3: BASIC TURNS – full turns, spotting, choreograph and work in pairs and/or groups.
- WEEK 4: FACIAL EXPRESSIONS – working the end of the runway, 1 ½ turns, critique of all techniques and turns.
- WEEK 5: RHYTHM – beat and timing, music, coordination of head and hands, current hand movements in shows.
- WEEK 6: CHOREOGRAPHY – learning a mock fashion show, double, triples and chevrons, modeling pivot hesitations, working with cameras in the audience.
- WEEK 7: MODELS APPEARANCE – models tote bag, audition attire, current modeling career requirements, and etiquette.
- WEEK 8: TEAM RUNWAY – double routines, working with more than one person on the ramp, jacket removal, and graceful movements.
Notes: Please bring a jacket or blazer to class.
- WEEK 9: BACKSTAGE ETIQUETTE – review all techniques, choreograph final show, work with pairs and groups.
- WEEK 10: FINAL TOUCH – review: rhythm, beat, timing, music and choreography, perform final fashion show for audience.
Notes: Instructor will provide information on what to bring for final fashion show.